ROC CLINICS UK

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Occupational & Corporate Health

Occupational Health

Corporate Health

ROC Clinics UK 2026

WHO WE ARE

Welcome to ROC, your trusted partner in providing comprehensive Occupational and Corporate Health Services.

We are dedicated to ensuring the well-being of both, employees and organisations, by promoting a safe and healthy work environment.

ROC has been operating within the occupational health and private health market since 2010. We provide occupational health, corporate health and private health services from our clinics and network of provider partners. Having started in Central London's Harley Street Medical District where we still have office, our head office is in Aberdeen – Scotland. We deliver services across the UK. Our Clinics are CQC (Care Quality Commission) and HIS (Health Improvement Scotland) registered and we are an approved Designated Body with the General Medical Council.

We are dynamic, proactive and dedicated to the provision of exceptional healthcare services. Working across many industries, we specialise in providing bespoke, efficient and cost-effective health programmes for our clients, who range from multinational corporations to small local businesses.

Since the Covid-19 pandemic, the ongoing NHS reforms, funding challenges, wait times and reduced access, have led employers to seek integrated health solutions and healthcare knowledge and expertise.

ROC, as a provider of both private and occupational health services, is in a unique position on the UK market, to meet and exceed employers' expectations whilst proofing your business against healthcare uncertainty.

Our Team is truly multidisciplinary

- Occupational Health Doctors and Nurses
- Mental Health Specialists
- Menopause, women and Men's Health Specialists
- Family Doctors
- Secondary Care Consultants & Specialists
- Imaging and Diagnostic Services Staff
- UK wide specialist network and referral system to ensure fast access.
- Simple, Effective and Efficient Operational Processes
- Personalised Solutions to Meet Your Needs
- Flexibility to Suit Your Requirements
- Same Day Appointments for Urgent Needs
- Appointments Available Within 5 Days, UsuallyWithin 24-48 Hours
  Rapid Turnarounf Of Certifications and Reports

ABERDEEN **LONDON** **ACROSS UK**

OUR OCCUPATIONAL HEALTH SERVICES

Drug and Alcohol Testing

- Chain ofCustodyProcedures
- For Cause and Routine Testing
- Office and Site based Testing
- Drug and Alcohol intake monitoring for returning employees (blood tests, urine testing, hair testing etc)

Mental Health

- Counselling
- Psychotherapy and Psychology
- Consultations
  Mental Health and Wellbeing Events
- Psychiatry Consultations

Travel Health

- Travel Health Consultations
- Vaccinations
- Malaria Prophylaxis
- Fit to Travel Medicals
- Visa Medicals

Expat & Remote Health

- Expatriation Medicals for individuals and their family members
- Fitness to be deployed to remote areas
- Medical evacuation support, coordination and arrangements within UK Health sector

OUR OCCUPATIONAL HEALTH SERVICES

Energy Sector Support

- Renewables UK Offshore Wind and Turbine Medicals
- OEUK Medicals
- Offshore Medics support Medevac
- 24/7 Topside Support
- Fit to Train Medicals
- Offshore Audits

Health Surveillance

- Audio Health Surveillance
- Respiratory Health Surveillance
- HAVs Tier 1-4 Assessments
- Skin Health Surveillance
- COSHH Biological Monitoring

Fit ToWorkAssessments

- Safety Critical Medicals
- Forklift Truck Drivers Medicals
- Medicals with complex requirements
- Pre-employment & Pre-assignment Medicals
- Construction Medicals
- HGV, DVLA Medicals

Sickness Management

- Doctor and Nurse led Case Management Consultations
- Fit to Return to work Medicals
- Multidisciplinary Reviews
- Ill Health Retirement

Phone: +44 (0) 1224 515 254 Email: info@rochealthservices.com

OUR CORPORATE HEALTH SERVICES

Having a top Chief MedicalOfficerguiding your company's health and safety effortsfosters a culture of well-being, enhances employee satisfaction, and contributes tothe organisation's overall success. Our CEO Dr. Cristina Romete, is listed repeatedly as UK Top Doctor by Spear's 500, and she runs the clinic in line with her own drive for medical excellence and personalised patient care.

Health Promotion

Our Health Promotion Campaigns are carefully curated initiatives designed to raise awareness and provide practical tips on various aspects of health including nutrition, fitness, mental wellness, preventive care, and more.

Flu and Other seasonal vaccination Programmes

Stay healthy, protected, and flu-free this year with our annual flu vaccination program.

The flu can be more than just a seasonal inconvenience; it can lead to severe illness, hospitalization, and even life-threatening complications. Getting vaccinated is one of the most effective ways to safeguard yourself and your loved ones against the flu virus.

Concierge Medical Services

Concierge medical services offer various benefits for individuals, and are a great way to complement your overall healthcare experience.

Our service offers round-the-clock access to doctors, allowing patients to reach out for urgent medical matters outside of regular office hours.

OUR CORPORATE HEALTH SERVICES

ROC canhelp make the mostofyourprivatemedicalinsurancewhileminimisingyourhealth-care expenses with our service

Executive Health

An ExecutiveHealth Membership at ROC offers numerous benefits for individuals seeking personalised and comprehensive healthcare services. These memberships are tailored to cater to busy professionals and executives who prioritise their health and well-being.

Executive medicals at private clinics cater to the specific needs and time constraints of busy executives, providing them with comprehensive health assessments, preventive care, and personalized attention in a private and comfortable setting.

Wellbeing & Lifestyle Health Checks

WellPerson CheckDaysin yourofficeor ours.

Wellbeing & Lifestyle Health Checks are a series of screenings and assessments that provide valuable insights into individuals current health status and overall lifestyle. Our team of experienced healthcare professionals will conduct a thorough evaluation, considering various aspects such as nutrition, physical activity, stress levels, and more.

GP & Nurse Consultations & Assessments

Withquick access to GPsand Nurses, companies can enhance employee well-being, reduce absenteeism, and improve overall productivity. It also demonstrates a commitment to employee health and safety, which can positively impact employee morale and retention.

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For more information:

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www.rochealthservices.com

Private General Health:
www.rocprivateclinic.com